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## Baseline Ethno-phytological study in Danyore Valley, Gilgit District, Gilgit-Baltistan, Pakistan

Rizwan Karim<sup>1</sup>, Yawar Abbas<sup>2\*</sup>, Aamir Saleem<sup>1</sup>, Fazal Karim<sup>1</sup>, Saeed Abbas<sup>4</sup>, Ejaz Hussain<sup>4</sup>, Muhammad Awais Rasool<sup>3</sup>, Nawazish Ali<sup>5</sup>

<sup>1</sup>*Department of Forestry and Range Management, PMAS-Arid Agriculture University, Rawalpindi, Pakistan*

<sup>2</sup>*Department of Earth and Environmental Sciences, Bahria University, Islamabad, Pakistan*

<sup>3</sup>*Department of Wildlife Management, PMAS-Arid Agriculture University, Rawalpindi, Pakistan*

<sup>4</sup>*WWF-Pakistan, GCIC, NLI Colony Gilgit, Pakistan*

<sup>5</sup>*Department of Agriculture and Food Technology, Karakoram International University, Gilgit, Pakistan*

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### Abstract

Gathering knowledge about vegetation and its different uses has always been a desire for researchers. This study was conducted in Danyore Valley, 10 Kilometers North of Gilgit city, Pakistan. Data regarding vegetation samples and anthropogenic impacts was collected from different predefined altitudinal levels, starting from 1440 meters to 3000 meters during late summer and mid-spring seasons. Nearly 71 species belonging to 41 families were encountered, out of which 32 were herbs, 14 were trees, 12 were grasses and 13 were shrubs. *Asteraceae* family was the dominant family with 9 species followed by the family *Poaceae* with 8 different species, mostly with grass species. Several types of vegetation found are utilized by local community as source of medicine, food, feed, shelter, construction, income and recreation; red marking already depleted resources into line of extinction. However, these resources are being utilized without any planning prevailing and management. Management and conservation planning of forests, medicinal and economic plants, rangelands and agricultural areas is the vital need for current and future need of communities residing in the valley.

\*Corresponding Author: Yawar Abbas ✉ [yawar\\_zaid@yahoo.com](mailto:yawar_zaid@yahoo.com)

## Introduction

It is estimated that there are about 300,000 plant species present on the earth, out of which 250,000 i.e. 83.3% plant species have been studied by human (WCMC, 1992). Pakistan has a particular geography, encompassing a great diversity in flora. It is estimated that this region contains some 5700 plant species with 400 (7.8%) endemic species are confined to the region (Stewart, 1972). described by various researchers, belonging to 22 families and nearly 150 genera. The flora of region is a blend of six phyto-geographical regions viz, the Mediterranean, Saharo-Sindian, Euro-Siberian, Irano-Turanian, Sin-Japanese and Indian. (Nasir and Ali, 1970-95). Nearly 183 pteridophytes (ferns and their allies) have been found. Nearly 87genera and 3,383 species of fungi have been reported from Pakistan (Shah and Baig, 2001). The number of species per genus is quite lower than the global average, thus showing a high genetic variation (Ali and Qaiser, 1986).

The Gilgit-Baltistan region of Pakistan lies between 71° and 75° E (longitudes) and 32° and 37° N (latitude), stretching over an area of 72,496 square kilometers, divided into seven districts viz; Gilgit, Diamer, Skardu, Ghanche, Ghizer, Astore and Hunza-Nagar. The human population is about 1.8 million with growth rate of 2.47 % and with 8 individuals as average household size. Hardly 1 % of the area is under agriculture while rest is covered by mountains, rivers and glaciers (66 %), rangelands (32 %) and 6 % forests (IUCN, 2002). Nearly 70% of the region has glaciers, lakes and rugged towering mountainous ranges (Karakorum, Pamir, Hindu Kush & Himalayas), with distinct altitudinal divisions of climate, flora types and land use systems thus forming up different ecological zones of flora and fauna. Based on ecological zonation, five main types of forests exist in Gilgit-Baltistan, namely, Mountain Sub tropical Scrub, Mountain Dry Temperate Coniferous, Mountain Dry Temperate Broad leaved, Sub-Alpine and Northern Dry Scrub with unique environmental conditions with unique flora and fauna. About 80 % of flora of Pakistan is located in

northern mountainous ranges and nearly 1000 species found in Gilgit-Baltistan (IUCN, 2002; Ali and Qaiser, 1986).

A research was carried out in Rama valley, District Astore of Gilgit-Baltistan, Pakistan to reveal floral diversity and endemic richness in Trans-Himalayan, sub alpine and alpine vegetation zones of Western Himalayas. In analyzing the data the results predicted a mixed floral structure and distribution due to intermixed environmental conditions. About 83 species of 31 floral families were encountered. On general, the floral diversity and richness were found negatively correlated with altitude, slope and moisture content, whereas evenness was revealed to be positively correlated with altitude, slope and moisture content.(Shaheen *et al.*, 2011).

Most of the population in Gilgit-Baltistan is residing in rural areas and has limited resources and basic life amenities of food, fodder, shelter and medicine; thereby posing a pressure on vegetation to meet food, shelter, fuel, medicinal and other requirements, with an increasing demand for these species as they are freely available (Sundriyal and Sundriyal, 2004). The intensity of exploitation can be accessed from the fact that only in the Himalayan ranges, about 70% of the medicinal flora and fauna are used as wild species and 70-80 % of the inhabitants are dependent on traditional medicines using plants to cure their common ailments (Hussain *et al.*, 1995).

A baseline study was conducted in Doyan Valley in Astore District of Gilgit Baltistan to enlist the existing floral vegetation species using random plotting method along different altitudes of the valley with total of 20 plots of size 100 x 100 meters each. During the research some 80 plant species belonging to different families were recorded after identification of plants specimens collected. During the study several important tree species of olive, Chilgoza, birch and spruce were abundantly found in the study area. Moreover, a number of plant species are utilized as fuel wood and for construction purpose foremost, Sea

buckthorn, Fir, Spruce, Kail, Birch, Artemisia spp. and Juniper; bringing these resources almost on the brink of extinction (Rehmat *et al*, 2014).

The illicit cut and collection, and marketing of certain vegetation species to meet basic needs have created threats for their survival in some parts, especially in approachable forests. It is hereby becomes important to know the distribution of flora, particularly in anthropogenic context to use it for future management and conservation (Malik and Husain, 2006). With the aim of acquiring a baseline detail for the available vegetation species in Gilgit-Baltistan generally and in Danyore valley specifically, as this valley is an important buffer zone point in Central Karakorum National Park; the largest National Park of Pakistan. For CKNP, researchers in this phyto-geographically important part of the country have conducted very few vegetation surveys apparently due to lack of expertise, inaccessibility and remoteness of the area.

Therefore with the aim of understanding the baseline floral distribution knowledge and aiding in future natural resource management needs of the valley in front of all beneficiaries, this study was designed with the objectives of:

- To enlist the encountered vegetation species found in the valley
- To entail the current situation of utilization of this flora by communities within and around the valley.

**Materials and methods**

*Study Area*

The study was conducted in Danyore Valley, situated about 10 km north of Gilgit city, surrounded by mountains of Karakorum Range. It lies between 35° 91' N to 36° 06' N latitudes and 74° 23' E to 74° 39' E longitudes with elevations of 1450 meters at river bank to 1509 meters above sea level in valley plains up to 4500 meters at higher altitudes. Total area of the valley is about 22484.2 hectare (including Sultanabad village). Forest cover area of valley is approximately 2136 hectare (9.5%).

The population of valley is approximately 29000 individuals according to union council records and surveys stating it the largest village in Gilgit-Baltistan in terms of area and population. The area has an undulating and rugged topography; however the area with settlements is somehow plain. Gully erosion is high especially on barren sites of mountains (LSO, 2011).

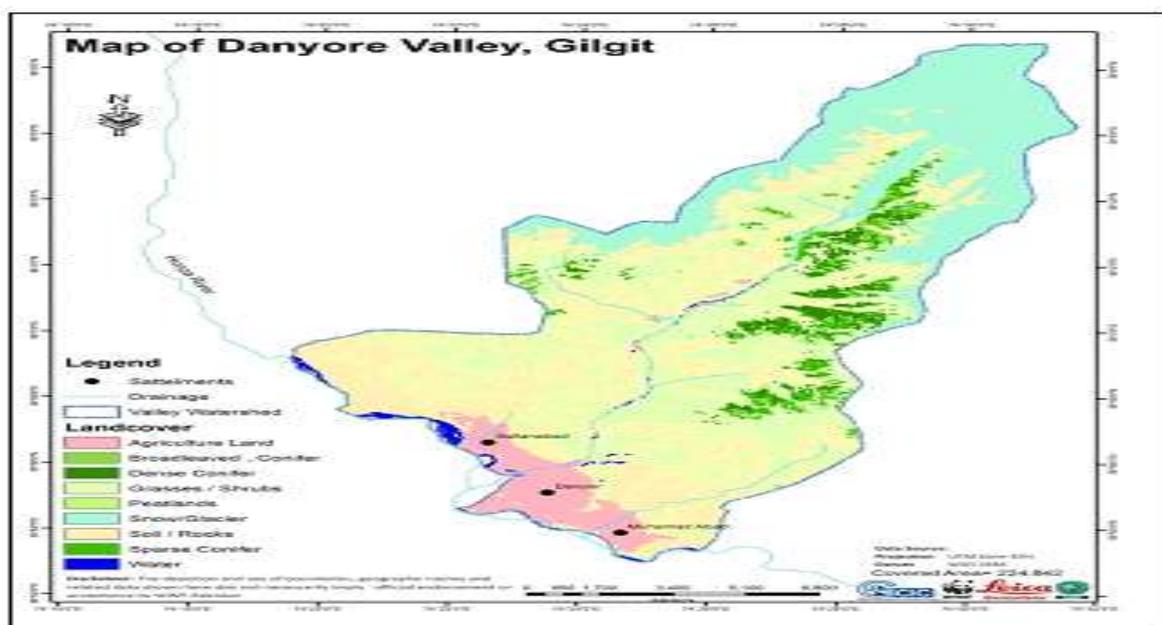


Fig. 1. Map of study Area.

Climatically the area falls under the arid (Temperate) region. The temperature varies with temperature of 3 °C to 6 °C in the month of December and January and 27 °C in the months of July and August. However, change in temperature variations has been experienced for last few years. Frost occurs from November to January sometimes up to February. Average precipitation annually varies with minimum of 0.01 millimeters in January to maximum of 1.9 millimeters in month of May.

#### *Sampling and Plotting*

Field visits for study were extensively conducted in August, 2013 and April, 2014. Data was collected from altitudinal variations starting from 1440 meters to 3700 meters, divided in to three ranges keeping in view the altitudinal transitions, i.e. from 1450 meters to 2200 meters, 2200 meters to 2900 meters and 2900 meters to 3800 meters, during late summer and mid-spring seasons. Random transects were laid on slopes, plains and near waterways, depending upon vegetation heterogeneity and site conditions. For trees and shrubs, approximately 135 quadrates and for grasses 270 quadrates were laid in all three altitudinal ranges. The sampling intensity was decided 1.5 % of entire Danyore valley, keeping in mind accessibility problems in upper 2 altitudinal levels.

#### *Sample Collection and Identification*

The plant samples collected were enumerated and listed on basis of their morphological characteristics for easy identification in the laboratory. Herbs, forbs, trees and shrubs were identified through specimens with matching taxonomic keys following (Nasir and Ali, 1970-1995), in Biological sciences department of Karakorum University, Gilgit, Pakistan and Botany Department of Arid Agriculture University, Rawalpindi, Pakistan.

Data regarding Ethno botany and local use was collected in form of short interviews for different flora and field observations.

#### *Equipment used In the Field*

- i GPS (Geographical Positioning System) for recording the different coordinates of the sampling sites.
- ii Measuring tapes (50 meters & 20 meters).
- iii Stationery (Map, register, pencil, pen, plastic bags, newspaper sheets and blotting paper).

#### *Analysis of Data*

The gathered data was first arranged into different flora forms/types, then tabulated separately and arranged with the details such as; scientific name, common name and family. Data regarding anthropogenic influences on flora was obtained through observations on field sites.

### **Results and discussions**

#### *Composition and floristic lists of plants found in Danyore valley Gilgit-Baltistan*

The valley of Danyore lies in the Gilgit-Baltistan region of Pakistan whereby possessing fair level of phyto-endemism. During site visits to three different altitudinal levels in seasons of summer 2013 and spring 2014, about 71 different species belonging to 41 different families were encountered, out of which 32 were herbs, 14 were trees, 12 were grasses and 13 were shrubs. *Asteraceae* family was the dominant family with 9 species followed by the family *Poaceae* with 8 different species, mostly with grass species as Shown in figure 2.

Most of the vegetation was encountered during summer expedition while few were collected during spring visit. Summer visits were conducted in the month of August while spring visits were made in late April 2014. As general endemism was high at the level-3 i.e. the upper most altitudinal level of shared a good number of common species, probably due to the animals and humans being the study area.

Some species were common in all three altitudinal levels. Level-2 and Level-1 source of seed disbursement as they easily use to move between

these two altitudinal levels. Moreover other biotic & abiotic factors are also an important and valid reason for the species distribution in both levels. Mountain regions of the world retain unique biological communities with high level of endemism, due to their distinct topography and history (Gentry,

1993). Plant community of a region is the product of time function, sometimes along with the role of altitude, slope, aspect, latitude, rainfall and humidity (Kharkwal *et al.*, 2005). Grasses and Herbs are shown in Table 1.

**Table 1.** Grasses & Herbs of Danyore Valley.

Scientific Name	Common Name	Family Name	Type
Grasses and Herbs			
<i>Thymus linearus</i>	Himalayan Thyme	Lamiaceae	Herb
<i>Poa bulbosa</i>	Bulbous Bluegrass	Poaceae	Grass
<i>Cynodondactylon</i>	Bermuda grass	Poaceae	Grass
<i>Phragmitesbarlra</i>	Reed	Poaceae	Grass
<i>Aristidaadscensionis</i>	Six weeks three awn	Poaceae	Grass
<i>Eragrostispoides</i>	Love grass	Poaceae	Grass
<i>Rumexhastatus</i>	Arrow leaf Dock	Polygonaceae	Grass
<i>Trifolium pretense</i>	Red Clover	Papilionacea	Grass
<i>Trifoliumrepens</i>	White Clover	Papilionacea	Grass
<i>Heteropogoncontortus</i>	Bunch spear grass	Poaceae	Grass
<i>Saccharumbengalense</i>	Sarkanda	Poaceae	Grass
<i>Imperatacylindrica</i>	Cogon grass	Poaceae	Grass
<i>Setariaviridis</i>	green foxtail grass	Poaceae	Grass
<i>Rubusirritans</i>	Raspberry	Rosaceae	Herb
<i>Plantago major</i>	Broad Leaf Plantain	Plantaginaceae	Herb
<i>Taraxacumofficinale</i>	Dandelion	Asteraceae	Herb
<i>Cirsium falconeri</i>	Falconer's Thistle	Asteraceae	Herb
<i>Urticadioica</i>	Stinging nettle	Urticaceae	Herb
<i>Verbascumthapus</i>	Great Mullein	Scrophulariaceae	Herb
<i>Artemisia brevifolium</i>	Wormwood	Asteraceae	Herb
<i>Chenopodiiumambrosoides</i>	Mexican Tea	Chenopodiaceae	Herb
<i>Primuladenticulata</i>	Drumstick Primrose	Primulaceae	Herb
<i>Ephedra gerardiana</i>	Somlata	Ephedraceae	Herb
<i>Geranium pratense</i>	Meadow geranium	Geraniaceae	Herb
<i>Polygonumhydropiper</i>	Water pepper	Polygonaceae	Herb
<i>Achiellamelifolium</i>	Common Yarrow	Asteraceae	Herb
<i>Adiantumaethiopicum</i>	Common maidenhair fern	Pteridaceae	Herb
<i>Anaphalisnepalensis</i>	Nepal Pearly Everlasting	Asteraceae	Herb
<i>Acantholimonlycopodioides</i>	-	Plumbaginaceae	Herb
<i>Impatiens glandulifera</i>	Himalayan Balsam	Balsaminaceae	Herb
<i>Bistortaaffinis</i>	Pink Mountain Fleece flower	Polygonaceae	Herb
<i>Bergenia ciliate</i>	Friilly Bergenia	Saxifragaceae	herb
<i>Cichoriumintybus</i>	Chicory	Asteraceae	Herb
<i>Capparisspinosa</i>	Caper Bush	Capparidaceae	Herb
<i>Sophoramollis</i>	Yellow pea-flower plant	Fabaceae	Herb
<i>Menthasylvestris</i>	Horse Mint	Lamiaceae	Herb
<i>Mentharoyleana</i>	Royle's Mint	Lamiaceae	Herb
<i>Plantagolanceolata</i>	Ribwort Plantain	Plantaginaceae	Herb
<i>Astragalushoffmeri</i>	Yellow leaved Milk-Vetch	Papilionaceae	Herb
<i>Artemisia dubia</i>	Roxburgh's Wormwood	Asteraceae	Herb
<i>Atropa acuminata</i>	Indian Belladonna	Solanaceae	Herb
<i>Echinopsechinatus</i>	Indian Globe Thistle	Asteraceae	Herb
<i>Onopordumacanthium</i>	Cotton Thistle	Asteraceae	Herb

*Extent of Herbaceous Vegetation Utilization in the valley*

In Danyore valley and rest of Gilgit-Baltistan, non-woody (herbaceous) vegetation for many decades has been utilized as medicine, fodder and shelter for livestock. However with the passage of time, usage of this flora as medicinal resource has reduced in the study area, where very few herbs have medicinal use at present compared to past due to the excessive commercialization and availability of western medicine. From field information (short interviews

from locals) it was revealed that medicinal plants like *Thymus linearus*, *Ephedra gerardiana*, *Chicoriumintybus*, *Verbascumthapsus*, *Bergenia ciliate*, *Capparisspinosa*, *Utricadiocia*, *Menthasylvestris*, *Artemisia dubia*, *Plantago major*, and *Taraxacumofficinale* are still used though in low scale against treatment for different human ailments and sometimes against livestock ailments at household level and sometimes sold to herbal physicians in the urban centers to earn money.

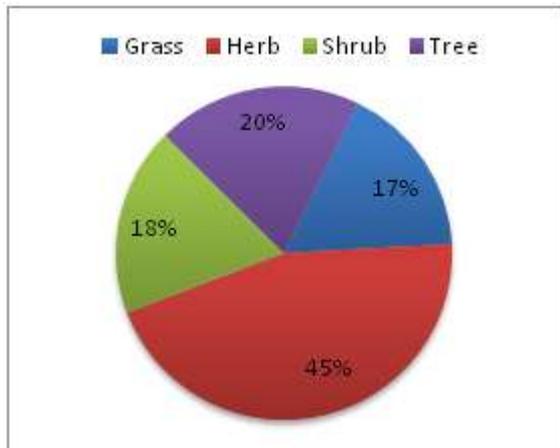
**Table 2.** Trees & Shrubs of Danyore Valley.

Scientific Name	Common Name	Family	Type
Trees & Shrubs			
<i>Clematis orientalis</i>	Indian clematis	Ranunculaceae	Shrub
<i>Berberislycium</i>	Indian Barberry	Berberidaceae	Shrub
<i>Hippophaerhamnoides</i>	Seabuckthorne	Elaeagnaceae	Shrub
<i>Ribesorientalis</i>	Indian Currant	Grossulariaceae	Shrub
<i>Rosa webbiana</i>	Web's Rose	Rosaceae	Shrub
<i>Myricariasquamosa</i>	False Tamarisk	Solanaceae	Shrub
<i>Rhamnnellagilgitica</i>	Gilgit's wild berry	Rhamnaceae	Shrub
<i>Viburnum spp</i>	Guch, Viburnum	Caprifoliaceae	Shrub
<i>Juniperouscommunis</i>	Dwarf Juniper	Cupressaceae	Shrub
<i>MyricariaAfricana</i>	African false tamarisk	Tamaricaceae	Shrub
<i>Prunusjacquemontii</i>	Himalayan Bush Cherry	Rosaceae	Shrub
<i>Daphne mucronata</i>	Kashmir Daphne	Thymelaeaceae	Shrub
<i>Tamarixarceuthoides</i>	Tamarisk	Tamaricaceae	Shrub
<i>Betulautilis</i>	Birch	Betulaceae	Tree
<i>Juniperusexcelsa</i>	Cedar, Juniper	Cupressaceae	Tree
<i>Elaeagnusaungustifolia</i>	Russian silver berry	Elaeagnaceae	Tree
<i>Morus alba</i>	White Mulberry	Moraceae	Tree
<i>Piceasmithiana</i>	Spruce	Pinaceae	Tree
<i>Pinuswallichiana</i>	Blue Pine	Pinaceae	Tree
<i>Populusciliata</i>	Himalayan Poplar	Salicaceae	Tree
<i>Salix tetrasperma</i>	Indian Willow	Salicaceae	Tree
<i>Juniperousmacropoda</i>	Pencil cedar	Cupressaceae	Tree
<i>Populusnigra</i>	Black Poplar	Salicaceae	Tree
<i>Salix alba</i>	White willow	Salicaceae	Tree
<i>Populous alba</i>	White pollar	Salicaceae	Tree
<i>Rhobiniapseudoacacia</i>	False acacia	-	Tree
<i>Ailanthus altissima</i>	Tree of heaven	Simaroubaceae	Tree

Floral diversity and richness along environmental gradient has been of immense importance for the ecological investigation for last few years and it has been defined in context of productivity, climate, anthropogenic interventions, biotic interactions and habitat variability (Currie and Francis, 2004).Pakistan has rich medicinal and aromatic flora

diversity due to unique phyto geographical location along with diverse climatic settings. Northern region of Pakistan is considered the richest region in the country in terms of biodiversity and utilization of medicinal plant resources (Malcolm *et al.*, 2002). The northern mountainous regions of Pakistan provide a naturally favorable environment for floral growth and

people are using plants in several means like in medicines, as timber wood, as firewood, as food and fodder (Hussain *et al.*, 1995).



**Fig. 2.** Percent composition of vegetation in Danyore valley.

Moreover, this herbaceous vegetation is extensively grazed by livestock in alpine pastures as this flora becomes available in good amount due to favorable environment. However some of the species grow only at these altitudes as we didn't observe the selective species down around the settlement. Annually all these pastures are grazed by livestock exceeding 1000 in numbers, from the month of March to end of September to lower rangelands. Grass species of *Poa bulbosa*, *Cynodondactylon*, *Phragmitesbarbra*, *Aristidaadscensionis*, *Eragrostispoides*, *Trifoliumpretense*, *Trifoliumrepens* and *Heteropogoncontortus* are mainly found in meadows and are grazed by livestock, while the grasses like *Saccharumbengalense*, *Rumexhastatus*, *Imperata cylindrical* and *Setariaviridis* are found at lower altitudes and grazed by all types of livestock.

Different herbaceous flora, particularly grasses at lower altitudes is harvested by farming community to use it in stall feeding during shortage seasons of autumn and winters. Sometimes, it is also used in building of stall houses and roofs of corals. Altitude and anthropogenic disturbances poses direct impacts vegetation attributes such as diversity, richness, distribution and maturity (Schuster and Diekmann, 2005).

The illicit harvesting for household and commercial uses, excessive grazing, change in climate and lack of interest in development of rangelands by concerned public and private organizations has marked these endemic resources on brink of extinction. Factors like Overgrazing may cause a decrease in the primary yield with increase in water and creation of areas devoid of vegetation and negatively effects faunal activity, particularly of the birds due to livestock presence in an area (Khan, 2003). This study area's most of the population is associated with farming and is exploiting the herbaceous vegetation for different needs. Moreover, poverty, lack of awareness about importance of flora, population pressure and political ill-will are the reasons behind the near extinction of the existing; exploitable flora. For climate change impacts on floral distribution, O'Brien, (2000) revealed that the collaboration of temperature and moisture affects the biological processes and competitive interactions among species and hence affects species richness and distribution along the altitudinal gradients.

#### *Current situation of Woody Vegetation and its Utilization in the valley*

Table 2 illustrate Trees and Shrubs of Danyore Valley. During our visits to altitudinal level 2 and 3, we observed patches of coniferous, broadleaved and mixed forests grown on plains, slopes and along water ways. While at the valley settlements, mostly shrubs grow on mountain slopes and water ways. Further analysis of the information revealed that valley forests were dominated by shrubs in species composition (no of species for vegetation type), followed by trees. Important economical and medicinal shrubs observed were *Berberis lyceum*, *Rosa webbiana*, *Daphnemucronata* *Hippophaerhamnoides*, *Prunusjacquemonti* and *Juniperous communis*, found mostly at upper altitudes, are consumed as medicinal plants and a good source of fuel wood; particularly *Berberis lyceum*, which is a famous medicinal shrub used in back ache and bone fracture treatment. *Hippophaerhamnoides* is said to have good

treatment potential against the ailment of cancer. Many of these species are browsed by livestock. According to Fossa (2004), mountain ecosystems across the globe contain diverse biological communities and a high level of variability in flora because of landscape, history and climatic variables. The important coniferous species present in the valley are *Pinus wallichiana*, *Picea smithiana*, *Juniperus macropoda* and *Juniperus excelsa*. Good quality wood of these conifers has led them as economically important where people extensively harvest them legally or illegally and bring them in use by either at household level or sell them mainly in market mainly as construction timber and sometimes as fuel wood. Especially species of *Pinus wallichiana* and *Picea smithiana* are being cut illicitly bringing them on verge of endangered, thus bringing ecological and economic imbalance in the study area.

A predictable assessment on deforestation in Pakistan has revealed that rural societies are overexploiting the forests for local consumptive use. This assessment is based on the understanding the abridged relationship between deforestation and population pressure in the Hindu Kush Karakorum Himalaya region (Lall and Moddie, 1981; Myers, 1986), which consents that rapid population growth is subject factor that has led to loss of forest cover.

*Betula utilis* is a vital broad leaf tree species found at higher altitudes of valley. Birch is used as fuel wood, its leaves are browsed by livestock and its bark is utilized to preserve cheese for prolonged periods and used in houses as insulator against moisture and insects; thus harvesting this economically and ecologically vital species on large scales, bringing it to endangered levels.

At the valley settlements, shrub species of *Hippophae rhamnoides*, *Myricaria squamosa*, *Tamarix arceuthoides* and *Ribes orientalis* grow in plenty, and is utilized as fuel wood in almost every household and also browsed by livestock in winters and spring. Tree species of *Elaeagnus angustifolia*,

*Morus alba*, *Salix tetrasperma*, *Populus nigra*, *Salix alba*, *Populus alba* and *Rhodiopseudoacacia* can be found in good populations. These species either growing naturally are planted by farming community on cultivable lands with purpose of getting construction wood, fuel wood and fodder for their livestock. For instance, *Populus nigra* and *Populus alba* are primarily utilized for construction purpose with rare use as fuel wood, while their leaves serve as fodder, thereby serving as multipurpose species. Species of *Elaeagnus angustifolia*, *Morus alba*, *Salix tetrasperma*, *Salix alba* and *Rhodiopseudoacacia* are utilized primarily as fodder source and their wood is used to make various agricultural tools, however this form of utilization is very less compared to past. While, *Rhamnus gilgitica* and *Ailanthus altissima* are only utilized as fuel wood species.

### Conclusion

In general all shrub and tree species have important ecological functions like controlling erosion, climate amelioration and provision of livelihoods and household needs, subjected to the sustainable use of these resources. Unfortunately almost all species types either trees or shrub species are being harvested illicitly at the higher altitude forest patches and around valley settlements, thereby posing eminent threats of ecological disturbances, social and economic disparity and imbalance between the residing communities.

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